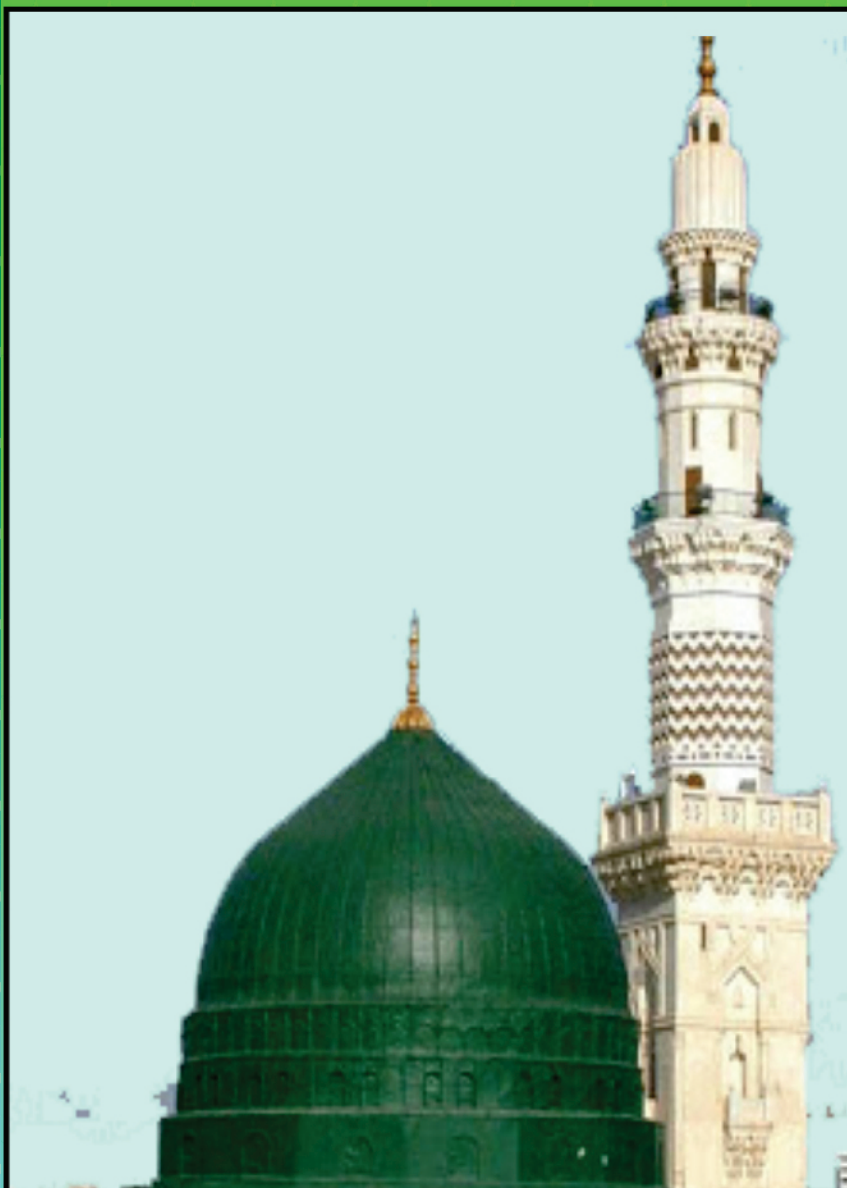




Composed By : K .Abdul Hafiz Baig : 9742323318

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Manasik-e-Umrah-O-Haj Ek Nazar Mein



Editor :

K. Mohammed Ataulla

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Bismillab Hirrahman Nirraheem



Labbaik Allah humma labbaik,
Labbaik laa Shareeka laka labbaik
Innal hamda wan-nimata laka
Walmulk Laa Shareeka lak.

*Yeh kitaab baraye-isaale _____
_____ sawab baa haq-e-Waalidain hai*

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[Publication of this book is strictly prohibited]

Hujaj-e-Kiram ke liye zaroori hidayath

Haji agar 4 sifaat ke saath Haj ku jayega toh Allah unku 5 inamaat se nawazega.

4. SIFAAT

1. Adam (A.S.) ke toba
2. Hajiran (A.S.) ka mujahida
3. Ibrahim (A.S.) ki qurbani
4. Huzoor (S.A.) ke aklaaq-o-aadaat

5. INAAMAT

1. Gunahon ku maaf farmata hai
2. Duwawon ku qubool karta hai
3. Iske waja se 400 gharanou ki maghfirath farmata hai
4. Isku ghina naseeb karta hai
5. Bagair hisab-o-kitaab ke jannat mein daaqila naseeb karta hai.

Haj ki Wapasi par laane ki cheezen :

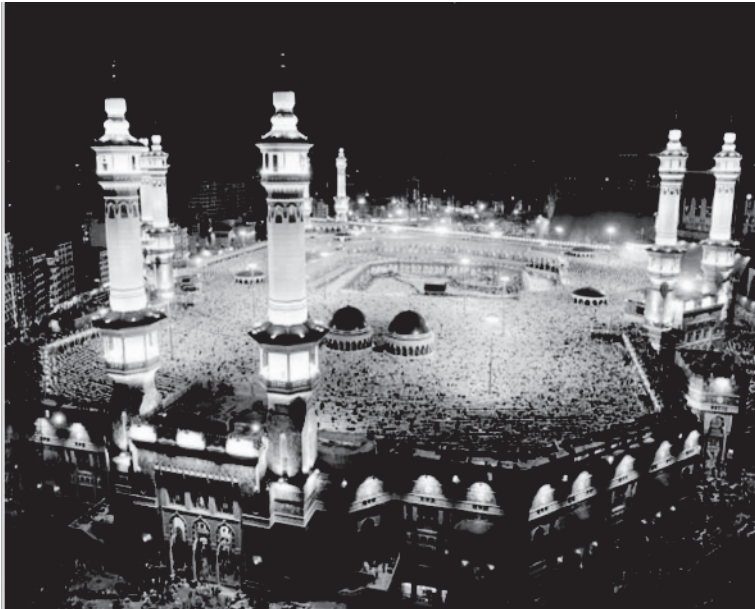
1. Makkah se Zam Zam
2. Madina se Khajurein
3. Huzoor (S.A.) ka Dard-o-Gham

ALLAH-O-TALA HAR ROZ KAABATULLAH PAR 120 RAHAMATEIN NAAZIL FARMATA HAI

1. 60 - Tawaf karnewaalou par
2. 40 - Namaaz padhne waalou par
3. 20 - Kaaba ku dekhne waalou par.

Manasik-e-Umrah-O-Haj

Ek Nazar Mein



Editor :
K. Mohammed Ataulla
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DAROOD-E-SHARIFF

Allahumma Sali aala muhammedin wa ala aali muhammedin, kama salaita ala ibrahima wa ala aali ibrahima innaka hameedum majeed

Allahumma barik alaa muhammedin wa ala aali muhammedin, kama barakta alaa ibrahima wa ala aali ibrahima innaka hameedum majeed.

SURAH IQLAAS

Qulhu wallahu ahad. Allahus samad lam yalid walam yulad, walam ya kul lahu kufuan ahad.

SURAH KAFIRUUN

Qul ya ayyuhal kafiruun. Laa aabudu mata budoon. Wa laa antum aabidoona maa aabud. Walaa ana aabidum ma abadtum, walaa antum aabidoona maa abud. Lakum deenukum waliya deen.

TEESRA KALIMA (Kalima-e-Tamjeed)

Subhana Allahi walhamdu lillahi wa laa ilahaa illal laahu wa allahu akbar. Wa laa houla wa laa quwata illa billa hil aliul azeem

CHOUTH KALIMA (Kalima-e-Touheed)

Laa ilaha illal laahu wahdahu laa shareeka lahu, lahul mulku wa lahul hamdu yuhyi wa yumeetu biyadihil khair, wa huwa alaa kulli shayin qadeer.

ASTAGFAR

Astagfiru allah rabbi minkulli zambiu wa atubu ilayhi.

Mouziz Aazimeen-e-Haj

Assalamu alaikum- o -rahamathullahi- o- barkatahu

Allah ka shukr hai ke aap Haj aada karne aur Huzoor (S.A.) ki ziyarath ke liye tashreef leja rahe hain. Mai aap ko tehdil se mubarak baad pesh karta hun. Aur Allah ki baargah mein khulese dil se duwa karta hun ke aap Haj aur Huzoor (S.A.) ki ziyarath kar ke kamiyaab Haji ban kar wapas aayen.. Ameen...

Aam towar par har Aazimeen-e-Haj ko har rukun ki adaigi ke liye sahitara ki rahbari zaroori hai. Is lihaaz se pahle 2011 mein urdu aur Kannada zabaan mein "Manasik-e-Umrah-O-Haj ek nazar mein" naami kitaab taiyar ki gayi. Isi tarah 2018se English mein bhi taiyar ki gayi hai. Is kitaab ki taiyari mein kai kitaabou ka mutalaa, ulema se mushara, training programmes mein shirkath aur zaati tajruba shamil hai. phir bhi is mein kuch galtiyaan nazar ayein to baraye karam aagha kardijiye.

BARA-E-ISAALE SAWAB

Guzarish :-

Tamaam Hujaj-e-kiram se guzarish hai ke mere waalid marhoom Khazi Mohammed Hussain, Waalida marhooma Roqiya Bi aur mere biwi marhooma Sharfunnissa ki maqfirath ke liye duwa karein, mere bacchou ke haq mein bhi duwa karein. Aur is ummat ke tamaam marhumeen ke haq mein bhi duwa-e-maqfirath karein... Ameen...

Taalib-e-Duwa :

K. Mohammed Ataulla, Rtd. Lecturer (DIET)
Davangere (Malebennur)

UMRAH

Umrah ke maane hain Ziyarath ya chota Haj, Jo kisi bhi waqt kiya jaskta hai. (Haj ke 5 din chodkar). Umrah, Haj ke saath bhi kiya jaskta hai aur isse alag bhi.

Alag Umrah karne wale Ramzan mein karna afzal hai. Huzoor (S.A.) ne farmaya hai Ramzan mein Umrah karna, mere saath Haj karne ke barabar hai.

UMRAH KE FARAIZ

1. Ihram baandh kar niyath karna
2. Tawaf Karna

UMRAH KE WAJIBAAT

1. Safa-O-Marwa ke darmiyaan sayee karna
2. Halaq (Sarke baal kaatna)

[NOTE: Aurath, Umrah ya Haj karne ke liye mehrim ya shohar ka saath hona shart hai]

Note : Madina hote huye umrah ya haj ku jaane waalou ke liye :

Madina hote huye Umrah ya Haj ku jaane waalon ku chahiye ke oh yahan se Ihram naa baandhen. Madina pahunch kar Huzoor (S.A.) ki Ziyarath ke baad baaqi tamaam ibadatein khatam kar ke umrah ada karne ke liye Makkah rawaana hojayein. Madina se Makkah ki taraf taqriban 11 Km. ki duri par Zulhalifa naami meeqaat hai. Zulhalifa se Ihram baandh kar Makkah ki taraf rawaana hojayein.

GHAR SE HAJ PAR NIKALNE SE PAHLE:

- ✱ Kisi par zulm kiya ho toh ya dil dukhaya ho to unse mafi maanglein.
- ✱ Apne par kisi ka karz hai to usku ada karien

- ✳ Gusul se pahle mard hazrath sar ke baal katarwalein.
- ✳ Naakhun kaatlein aur zeire naaf aur bagal ke baal saaf karlein.
- ✳ Haj ku nikalne ke phale raat mein tahajud padhkar yeh duwa karien "Aye Allah tu ne mujhe Haj karne ka mouqa diya hai. Mujhe Haj aasan farma. Mere biwi bacchou ki hifazath farma".
- ✳ Haj ku nikalne se phale aur wapasi ke baad kuch sadqa dein.
- ✳ Toba ki niyath se 2 rakath nafil namaz padhein. Sache dil se apne har chote bade gunahou se toba karein.
- ✳ Ghar se nikalne se pahle 2 rakath safar ki nafil namaz ada karien. Mard hazrath masjid mein namaz ada karke niklein.

Government quota mein jaane wale Hujaj-e-kiram ke liye zaruri hidayath.

Aap apne maqaam se Haj camp jaate waqt yeh papers saath lekar jayein.

1. Departure Intimation Card.
 2. Health and Training Card
 3. Original Bank in slip of amount deposited (Challan)
- ✳ Haj camp mein, Haj committee ki janib se aapku passport, rawanagi aur wapasi donou taraf ke hawai jahaz ka ticket (Boarding Pass) kalaibandh bracelete, Identity card, Riyals, Sim wagera diye jayinge. In mein apna naam aur deegar tafseel check karlein. Passport aur tickets ke 2 set xerox karalein. Ek set apne paas rakh lein aur ek set apne ghar waalon ke paas de den.

- ❖ Safar ke douran Hujaj-e-Kiram ke saath Passport, Medical card aur Hawai jahaz ka ticket zaroor hona chahiye. Haj se wapasi tak Bracelet, Identity card, Pehan kar rahein.

IHRAM BAANDHNE SE PAHLE AUR BAAD :

(Yahan se seedha Makkah jaane waalou ke liye)

- ❖ Ihram baandhne se pahle gusul ya wazu karte waqt yeh niyath karein "Aye Allah mein yeh gusul ya wazu Ihram baandhne ke liye karta hun"
- ❖ Ihram baandhne ke baad Ihram ki 2 rakath nafil namaz ada karein. Hawai jahaz udne ke thodi dair baad Umrah ki niyath karein. Niyath : **"Aye Allah mein Umrah ki niyath karta hun, tujhe raazi karne ke liye, isku mere liye Aasan farma aur qabool farma"**.
- ❖ Niyath karne ke fouran baad 3 baar buland awaaz se labbaik padhein aur auratein aahista se padhein. Niyath karne ke baad aap par ihram ki pabandiyan laazim hogai.

Ihram ki haalat mein yeh kaam jayiz nahin :

* Mard hazrath sila huwa kapada pehanna, * Naakhun nikalna * Daadi banana * Kangi karna * Oil ya mehindi lagana * Phool aur phal ki khusboo sunghna * Sar ya badan ke kisi bhi hisse se baal nikalna * Patta ya pouda todhna * Ladai jaghada ya gali galoj karna * Soap, tooth paste istemal karna * Mardou ke liye muh, sar aur donou paawun ki upri haddi chupana jayeiz nahin, magar Auraton ke liye sirf muh chupana mana hai

Makkah-e-Mouzama mein daaqila :

- ❖ Jiddah Airport pahunchne ke baad, apne papers ka bag aur hand bag lekar hawai jahaz se uthren. Iske baad

apna luggage pehchan kar ej jagah rakh lein. Aur luggage checking karvayen. Phir emigration counter par line mein khad kar passport check karakar apne pass rakh lein. Uske baad zarooriyath se fariq hojayen. Namaz ka waqt ho toh, Namaz ada kar lein. Kuch kha pee lein. Apna luggage lekar line mein moalim ki bus ka intezaar karien. Bus aane ke baad moalim ka aadmi aap ka passport mangega usko dedijiye.

- ❖ Bus ke zariye Makkah rawaana hote waqt, gunehon ki maafi ke liye astagfar padhte rahein. Jab aapki bus hotel ke paas aakar rukegi to moalim ke aadmi bus se luggage utarenge. Wahan aapku identity card, peele rang ka dasti belt aur hotel ka address card diya jayega. Dasti belt pehankar rahein. counter per key lekar luggage apne kamara mein rakhlien. Thoda aaram karlein, kuch kha pee lein. Iske baad apne saathiyun ke saath umrah ada karne ke liye Haram Shariff ki taraf rawaana hojayen. Hamesha apne saath 7 monkou ki tasbee rakhein.

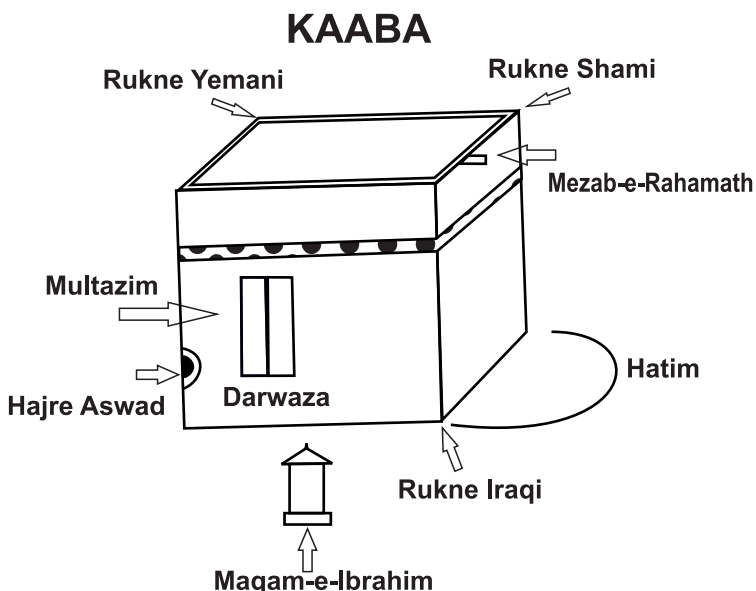
Tawaf ke dauran shartein :

- ❖ Wazu ki haalath mein tawaf karein.
- ❖ Hateem ku shamil karke tawaf karien.
- ❖ Tawaf ke dauran khana peena, bekaar baatein karna mana hain.
- ❖ Tawaf ke dauran idhar udhar naa dekhein. Kaaba ku bhi naa dekhein.
- ❖ Mard hazrath ku chahiye ke tawaf ke pahle 3 chakkar mein Ramal karein (Ramal ke maane hain akad kar tez, roab se chalna)

- ✳ Agar tawaf ke pahle 4 chakkar se pahle wazu toot jaye toh wazu karke shuru se tawaf karein. Agar 4 chakkar ke baad wazu toote toh wazu karke, jahan se choda tha wahin se tawaf pura kar sakte hain.
- ✳ Har tawaf ke 7 chakkar pure hone ke baad, masjid mein 2 rakath tawaf ki wajib namaz ada karein.

Masjid-e- Haram mein daaqila :

Masjid-e- haram mein daaqila hote waqt "Bismillah Wassalatu Wassalaamu Ala Rasoolullah (S.A.)" kahkar seedha pyir andar rakh kar yeh duwa padhen "Aye Allah apni rahamath ke darwaaze mere liye khol de" iske baad aitekaaf ki niyath karien "Aye Allah mai jab tak masjid mein hun, mere aitekaaf rahega". Iske baad kaaba ku pahunchne tak nazrein niche kiye huye, Allahu Akbar, lailaha illah, subhanallahi aahista se padhein.



Kaaba ku ekdum naa dekhein. Jab kaaba par pahli nazar padi toh aankou ki palken naa jabkaayen aur yeh duwa padhein **"Aye Allah meri tamaam jaayiz duwa qubool kar Aye allah mujh se raazi hoja"** Aur koi bhi khaas duwa maang saktein hain. Jab tak tumhari ankhen khuli rahegi, duwa qubool hote rahegi. Iske baad haath uthakar darood-e-shariff aur dusri duwa maangein.

Kaaba ke tawaf ka tariqa:

Tawaf karne ke liye aap kaaba ke us kone mein aajayen jahan hajre aswad hai. Niyath karne se pahle, mard hazrath ihram ki chaadar ku seedha (right) kandha khula rakh kar bagal ke neeche se nikal kar baayen (left) kandhe par daal lein (isku **ijtaba** kahte hain). Hajre aswad ke bilkul seedhe taraf masjid ke upar ki deewar par hari rang ka ek bada tube light hai, is light ke seedhe taraf aisa khadein ke light tumhare seedhe taraf ho aur tawaf ki niyath karein **"Aye Allah mai Kaaba ke tawaf ki niyath karta hun, tujhe raazi karne ke liye isku mere liye aasan kar aur qubool kar"**.

Tawaf ki niyath karne ke baad zara baayen (left) taraf itna chalein ki Hajre aswad tumhare saamne ho yaane chera aur seena Hajre aswad ki taraf ho. Phir seene tak haath uthakar **"Bismillahi Allahu Akbar -o- Walillahil hamd"** kahte hue Hajre aswad ki taraf haatou se ishara karte huye aahista se haath chumlien (Isku Hajre aswad ka **istalaam (Bosa)** kahte hain).

Hajre aswad ku bosa dene ke baad tawaf ki haalath mein aajayen aur aage is tarah chalein ke kaaba tumhare baayen (left) taraf ho. Tawaf ke waqt idhar udhar naa dekhein. Kaaba ku bhi naa dekhein. Tawaf karne se pahle baayen (left) haath ke anghote (thumb) mein 7 mankon ki tasbee rakhlein.

Tawaf ke har chakkar mein Suvvam Kalima, Daroode-e-

Shariff aur koi bhi duwa aahista se padein. Tawaf ke pahle 3 chakkar mein, mard hazrath ku chahiye ke **Ramal** karien. Yaane akadkhar kandhe hilaate huye kharib kharib khadam rakhkar tezi se chalien. Tawaf ke dauran rukne yamani se Hajre aswad tak yeh duwa padein **"Rabbana aatina fidduniya hasnato-o-fil aqirati hasnatou waqina azabbanar"** Jab aap hajre aswad ke samne aajayen toh bosa dein. Yaane hajre aswad ke taraf haatou se ishara karte huye **"Bismillahi Allahu Akbar-O-lillahil hamd"** kahte huye haath chumlein. Yahan tak 1 chakkar pura hua. Isi tarah baagi 6 chakkar pura karlein. Yaad rahe ke shuru aur aakhri chakkar milakar Hajre aswad ka 8 martaba bosa hota hai. Tawaf ke 7 chakkar pura karne ke baad, mard hazrath apni chaadar se donou kandhe dhanklein.

Multazim ke paas duwa maangna:

Kaaba ka darwaza aur Hajre aswad ke beech 6 feet chaudayee ki deewar ke hisse ku Multazim kahte hain. Tawaf ke baad apna chehra aur apni nigahen multazim ki taraf karke dur hi se duwa maangein. Kabhi mauka mile to saada libaas mein multazim ku apna sar, seena aur pait lagakar donou haatou ku seedha karke sar se uphar phailakar kabhi seedha aur kabhi baayan (left) rukh saar (cheek) is par rakh kar khoob roh rohkar duwa maangein.

Tawaf ki Wajib Namaz:

Tawaf ke baad maqam-e-ibrahim ke paas 2 rakath tawaf ki wajib namaz ada karein. Behtar hai ke masjid mein namaz padein. Pahli rakath mein **"Qulya Aiyyuhal Kaafiruun"** aur dusri rakath mein **"Qul hu Allahu Ahad"** padein. iske baad yahan bhi khoob duwa maangein.

ZAM ZAM PEENA :

Namaz padne ke baad khoob zam zam piyen. Zam zam peete waqt kaaba ki taraf rukh karke khade hokar 3 saanson mein peelien. Har martaba nigahein kaaba ki taraf karke peene ke shuru mein **"Bismillah"** aur aaqir mein "Alhamdulillah" kahein. Apne upar bhi zam zam daal lein. Zam zam peete waqt yeh duwa maangein. **"Aye Allah mai ise qiyamath ke din ki pyaas ke liye peeta hun, tandurusti aur halal rozi ke liye peeta hun"**. Rasoolullah (S.A.) ne farmaya hai ke log zam zam jis niyath se peete hain, Allah-o-taala unki muraad puri kardeta hai.

SAFA-O-MARWA KE DARMIYA SAYEE:

Safa-o-Marwa ke darmiyan 7 chakkar lagane ku sayee kahte hain. Zam Zam peene ke baad 9 ween martaba hajre aswad ku bosa dekar safa ki taraf chalein. Safa par itne oonchayi tak chadein ke kaaba nazar aaye. Kaaba ki taraf rukh karke istaarah niyath karein **"Aye Allah mai safa-o-marwa ke darmiyan sayee ki niyath karta hun tujhe raazi karne ke liye, ise mere liye aasan kar aur qubool kar"**. Phir donou haath kandhou tak duwa ki tarah uthayen aur 3 martaba Allah-o-Akbar aur Darood-e-Shariff padhein aur apne aur apne rishtedaaron ke haq mein duwa maangein. Phir safa se marwa ke taraf chalein. Is dauran "Chahram Kalima" padhein. Safa se thodi dur chalne ke baad hari light nazar aayegi, wahan se mard hazrath zara tez chalein. Chand qadam chalne ke baad phir hari light nazar aayegi. Wahan se tez chalna bandh kardein. In hari lighton ke darmiyan yeh duwa maangein **"Aye Allah mujhe baksh de aur mujh par raham farma, tu behtareen raham karne wala hai"**.

Phir jab marwa pahunche toh kaaba ki taraf rukh karke usi tarah duwa maangein jis tarah safa par maangi thi. Istarah 1 chakkar pura hua. Marwa se safa ki taraf chalein, yeh 2 chakkar hua. Istarah 7 chakkar pura kar lijiye. Pahala chakkar safa se shuru hota hai aur aahri yaane 7th chakkar marwa par khatam hota hai. Sayee ke baad masjid mein 2 rakath nafil namaz padhein.

HALAQ : (SAR MUNDWANA YA BAAL KATARWANA)

Marwa se bahar niklein toh hajamath ki dukaane hain. Mard hazrath sar mundwayen aur auratein apne kamre mein 1 inch baal kaatlein. Alhamdullilah ab aapka Umrah pura hogaya. Iske baad gusul karke sile huye kapde pahan sakte hain.

Makkah mein Qiyaam ke dauran ibaadatain :

- ✧ Subha mein jald utkar 4.00 a.m. ku Masjid-e-Haram ku rawanegi.
- ✧ Masjid-e-Haram mein 2 rakath **tahiya ttul masjid** ki Nafil namaz aur **Tahjud** ki 8 ya 12 rakath (2 rakath se) namaaz padhein.
- ✧ **Fajer ki azaan tak.** Tasbiyath aur kaaba ku dektha rehana. Kaaba ku dekhta huye yeh duwa padte rahein **"Subhannallahi wabihamdihi wa subhanallahil azeem"**.
- ✧ **Fajar ki azaan ke baad :** 2 rakath Sunnath, 2 rakath Farz namaz jamaat ke saath padhein. Namaz ke baad 1 Nafil tawaf (Nafil tawaf saada libaas mein, tawaf ke baad 2 rakath wajib namaz ada karna. Iske liye sayee zaroori nahi) ya, Quran ki tilawat, tasbiyath padhein. Uske baad Ishraq ki 4 rakath nafil namaaz (2 rakath se) padhein.

- ❖ **Kamre ku wapasi :** Khana pakana, nastha ke baad thoda rest aur haram ku wapasi. (Zaroorath pade toh is waqt mein tabdeli karley sakte hain)
- ❖ Masjid mein 2 rakath Tahiyattul masjid ki nafil namaz, zawal se pahle **chast** ki 12 rakath namaaz (2 rakath se) padhein.
- ❖ **Zohar ki azaan ke baad :** 4 rakath Sunnat, 4 rakath Farz namaaz jamaat ke saath, 2 rakath Sunnat, 2 rakath Nafil namaaz padhein.
- ❖ **Asar ki azaan tak :** Nafil tawaf, tasbiyath, Quran ki tilawath, bait kar kaaba ku dekhte rehna.
- ❖ **Asar ki azaan ke baad :** 4 rakath Sunnat, 4 rakath Farz namaaz jamaat ke saath padhein.
- ❖ **Asar ki namaaz ke baad :** 1 ya 2 Nafil tawaf (is Nafil tawaf ki wajib namaz magrib ke baad padhein)
- ❖ **Magrib ki azaan ke baad :** 3 rakath Farz namaaz jamaat ke saath, 2 rakath Sunnat, 2 rakath Nafil namaaz padhein. Aur 6 rakath "**Awabeen**" ki namaaz padhein (2 rakath se); Namaz ke baad tasbiyath, Quran ki tilawat, Nafil tawaf etc.
- ❖ **Isha ki azaan ke baad :** 4 rakath Sunnath, 4 rakath Faraz namaaz jamaat ke saath, 2 rakath Sunnat, 2 rakath Nafil, 3 rakath Wajibul vitr, 2 rakath Nafil namaz padhein.
- ❖ Kamre ku wapsi.

Note : 1). Rozana Fajar ki namaaz ke baad sure "**Yaseen**" aur sure "**Fajar**", Zohar ke baad sure "**Fatha**" asar ke baad sure "**Naba**" maghrib ke baad sure "**Waaqhiya**" aur isha ke baad sure "**Mulk**" aur sure "**Sajda**" padhein.

2). Makru waqt chodkar **khaza-e-umri ki namaz** padhein [Ek din ki 20 rakath : Fajar (2) + Zohar (4) + Asar (4) + Maghrib (3) + Isha (4) + Vitr (3)].

- ❖ Khaza namaz ki Niyath (Misaal Fajar) : "Aye Allah jitini fajar ki farz namazein meri khaza hain, unmese fajar ki pahli 2 rakath khaza namaaz ada karta hun waste Allah taala ke..."
- ❖ Waqt nikal kar 4 rakath **"Sala thut tasbee"** ki namaz padhein. [Juma ke din zarur padhein aur juma ke din sure **"Khaf"** zarur padhein]
- ❖ Darood-e-Shariff kasrath se padhein
- ❖ Makkah mein qiyaam ke dauran nafil tawaf karne ke mouqe par, sabse pahle Huzoor (S.A.) ke naam se karein. Uske baad aap apne taraf se rishtedarun, Dost-o-Ahabab aur marhumeen ke naam se nafil tawaf karsakte hain. Nafil tawaf saada libaas mein karen. Nafil tawaf ke liye sayee zaroori nahin. Sirf 2 rakath tawaf ki wajib namaaz ada karein.
- ❖ Makkah mein Qhiyaam ke dauran umrah karna hotoh sabse pahle Huzoor (S.A.) ke naam se karein.

Niyath : Aye Allah mai Huzoor (S.A.)ke naam se umrah ki niyath karta hun tujhe raazi karne ke liye, isku mere liye aasan kar aur qubool kar" (Tawaf aur sayee donou Huzoor (S.A.) ke naam se karein)

- ❖ Aur ziyada umrah apne marhoomeen ke naam se kar sakte hain.
- ❖ Makkah mein umrah karne ke liye, Masjid-e-Ayesha jaakar ihram baandhen. Masjid-e-Ayesha mein 2 rakath Tahiya ttul Masjid aur 2 rakath ihram ki niyath se namaaz

padhein. Iske baad umrah ki niyath karein aur 3 baar labbaik padhein. Phir Masjid-e-Haram jakar tawaf aur sayee karne ke baad halaq karake apne kamre mein gusul karlein.

- ❖ Makkah mein qhiyaam ke dauran Huzoor (S.A.) ki paidaish ki jagah, jannatul mala, Masjid Jin, Ghar-e-Hira, Ghar-e-Sur, Masjid-e-Ayesha, Jabale rahamath, Arafath, Mina, Masjid-e-Kheef, Masjid-e-Nimara etc., ki ziyarath karein.

HAJ KE 5 DIN

Haj ke Faraiz

1. Ihram baandh kar niyath karna
2. Waqf-e-Arafath (Arafath mein teharina)
3. Tawaf-e-Ziyarath

Haj ke Wajibaat

1. Waqufe Muzdalifa (Muzadlifa mein teharina)
2. Rami Karna (Shaitanou ku kankariyan maarna)
3. Qurbani 4. Halaq
5. Safa-o-Marwa ke darmiyan sayee karna
6. Vidayi Tawaf

I 8 ween Zilhajja (Haj ka pahla din)

Note : Meena ku nikalte waqt saath le jane waali cheezein:

Ek set Ihram ke kapade, ek jodi sile huye kapade, towel, water bottle, folding mat, folding janimaaz, miswaak, soap, itre, 7 mankon ki tasbee, aam tasbee, kankariyou ki liye choti bag, kuch khane ki sukhi cheezen, phal, dood aur duwawon ki kitaab etc (Dood (milk) arafath mein peene ke liye)

Makkah se Mina ku rawanagi se pahle aapku tent ka

number card, train ke safar ke liye number ka hand belt diye jayinge. Usi waqt apne number ka belt apne baayein (left) haath mein daal lein.

8 ween zilhajja ku fajar ki namaz ke baad Mina rawana hona hai. Laikin maolim 7 ween Zilhajja ki raat hi mein Haj ka ihram baandh kar Mina ku nikalne ki hidayath deta hain. Us waqt aap waisa hi kijiye. Gusul kar ke Ihram baandh kar masjid ya apne kamre mein hi ihram ki 2 rakath nafil namaaz padhein. Iske fouran baad Haj ki niyath karien.

Niyath : "Aye Allah mai Haj ki niyath karta hun tujhe raazi karne ke liye, isku mere liye aasan kar aur qubool kar" (Yeh tariqa Haj-e-Tamatto ko hai) Iske fouran baad 3 baar labbaik padhein. Mina mein qiyaam ke dauran apne tent mein hi jammata bana kar 5 chou waqt ki namaaz ada karein. Aur tilawat, zikr, aur duwawon mein lage rahen.

II. 9 ween Zilhajja (Haj ka dusra din)

Note : Mina se Arafath aur Muzdalifa ku rawaangi ke waqt saath lejane waali chizeen.

Folding mat, Janimaaz, water bottle, miswak, fruits, khane ki kuch sukhi cheezen aur milk (Arafath mein peene ke liye) kankariyou ke liye choti bag, Aam tasbee, etc. Baaqi saaman apne tent mein hi rakh den.

Mina se 9 ween Zilhajja ki Fajar ki namaaz ada karke Arafath rawana hona hai. Laikin Moalim hajjiyon ku 8 Zilhajja ki raat hi mein Mina se Arafath nikalne ke liye hidayath deta hai. Us waqt aap waise hi kijiye.

Mina se Arafath, Muzdalifa aur waapas Mina ka safar train se karna hai. Moalim ke zariye pahle hi maalum karaya jaata hai ke aapku Mina ke kis station per jaana hai (Station

No-1, ya 2). Theek waqt par Moalim ka aadmi apne tent se haath mein Moalim ke number ka jhanda utaye huye aage chalega aur aap uske peeche chalein. Train ke safar ke dauran aap ke haath mein apne number ka hi belt hona chahiye.

ARAFATH MEIN QIYAAM

Arafath mein teharna Haj ka ek khaas rukun hai. Arafath ke maidan mein Moalim ki taraf se tentou, ka intezam kiya jaata hai. Aap wahin par tehren. Apne tent mein hi Zohar ke waqt Zohar ki aur Asar ke waqt Asar ki namaz jamaat se ada karein. Zohar ki namaaz ke baad 100 martaba Astaqfar, 100 Teesra Kalima, 100 Choutha Kalima, 100 Qulhuallahu Ahad aur 100 martaba Darood-e-Shariff padhein, Kuch kha pee lein, Milk peehein, aur zikr, tilawat mein laga rahein. Asar ki namaaz ke fouran baad mard hazrath maidan mein Qibla rukh karke khade hokar aur auratein apne tent mein hi bait kar Duwa maangein. Yeh waqt duwa qubool hone ka hai.

- ❖ Arafat ka qiyaam Haj ka nichod hai. Yahan ek lamha bhi bekar naa guzarein, balke ibadath mein lage rahein.
- ❖ Arafat mein Maghrib ki namaaz naa padhein. Kisi bhi halath mein Suraj dubne se pahle Arafath se naa niklein warna "**Dum**" wajib hoga.

ARAFATH KI DUWA

Asar ki namaaz ke fauran baad mard hazrath Maidan-e-Arafath mein khade hokar aur auratein apne tentou mein hi bait kar Duwa maangein.

[Arafath ke maidan mein duwa maangte waqt yeh tassaur karein ke aap Allah ke darbar mein khade hain, yeh Allah ka darbar hi toh hai. Gidgidakar rote huye dil khol kar duwa maangien. Aaj ka din khud Allah-O-Taala duwa

maange ke liye kah raha hai aur pura karne ka waada bhi kar raha hai. Aap yeh tassaur karein ke aaj aapke saare gunnah maaf hone wale hain. Is mouqe ku haath se naa jane den]

Pahle aap dil khol kar apni infradi duwa maangein. Is ke baad in duwawon ku bhi baargahe illahi mein gidgidakar maangein.

DUWA

- ★ Aye Allah! hum aajiz bande teri paaki bayaan karte hain sub taarif tere hi liye hai. Tuh hi saari kiyath ka maalik hai. Tuh meharbaan aur raham karne waala hai. Aye Allah! tere siwa koi maalik nahin. Hamara koi paalne waala nahin. Tere siwa koi ibadat ke laaiq nahin. Tuh hi Aasmaan-o-Zameen ku banane waala hai. Aye Allah! hum tere aage haath phailate hain. Is mouqe par hum jo bhi Duwa maangte hain unhein qubool farma.
- ★ Aye Allah! mai is Arafath ke maidan mein sacche dil se iqrar karta hun ke tere siwa koi maabood nahin aur Huzoor (S.A.) tere Nabi (S.A.) aur aakhri rasool hain.
- ★ Aye Allah! mai is waqt tere sarzameen par tere rahmath ke zere saaye hun. Yeh waqt tere Rahamath-O-Maqfirath aur bakshish ka hai. Toba karne, Gunnah maaf karane aur tere Karam-o-Ehsaan ki umeed ka waqt hai. Aye Allah! jaane anjaane mein jo bhi gunnah mujh se sarzad huye hain, is ke liye mai toba karta hun. Is toba par qaayim rahne aur aainda gunnah naa karne ki toufeeq ataa farma.
- ★ Aye Allah! is maidan-e-Arafath mein jo aaj teri tajjaliyath aur barkatou ka ek khaas din maqarur hai, yeh meri hazri umar bhar mein aakri naa ho, aur baar baar mujhe yahan haazri dene ka mouqa ataa farma.

- ✧ Aye Allah! hum gunahon ki maafi ki umeed lekar aaye hain. Sirf teri rahamath ka hi aasra hai. hamein apne rahamath se mehroom naa rakh. Tuh bada Rahim-o-Kareem hai. Har kisam ke gunahon se hamari hifazath farma taake tere azaab se hum hamesha mehfooz rahein. Hamare Sagira-o-Kabira gunahon ku maaf farmade.
- ✧ Aye Allah! hum is Maidan-e-Arafath mein teri razamandi ke saath, har kisam ki aasani aur sahumath ke talabgar hain. Tuh hi hamara Rafeeq-o-Madadgar hai.
- ✧ Aye Allah! hamari namaaz, hamare roze, hamari zakath hamari taraf se Qurbani, hamara Haj, hamari zindagi aur mout sab tere hi liye hai. Mai tujh se teri razamandi teri rahamat ka talabgar hun. Yeh sab humari aajizana koshish aur tuj par bharosa hai.
- ✧ Aye Allah! mujh par teri beshumaar niyamatein hain, jin mein har niyamath par tere shukr ka haq aada kar nahin sakta. hamein Fukr-o-Tangdasti se zaleel naa kar. Karz ki badnaami se mujhe bachale. Sehat-o-Aafiyath ki zindagi ataa farma, apni tamaam niyamatou par tujhe yaad karne, tere shukr aur ibaadat ka pura haq adaa karne mein mere madad farma.
- ✧ Aye Allah! tu hi hamri zarooratou ku pura karne waala, Duniya-o-Aakhirat mein hamare martabe buland karne waala, hamari dard bhari aawaaz sunne waala aur hamari duwawon ku qubool karne waala hai. Aye Allah! hamare dilou ko paak karde. Hamare dilon ku iklaas ke saath apne deen ki taraf phairde. Hamein namaaz qayim karne ki toufeeq de.
- ✧ Aye Allah! hamein halal rozi ataa farma. Hamare karobaar mein apni rahamath se Barkath-o-Tarqi ataa farma

- ✧ Aye Allah! Huzoor (S.A.) ke tammam dushmanou par apna Gasab-o-Azaab naazil farma, un zalim jinhoune begunnah Musalmaanou ki khoonrezi ki, un ke maal-o-doulat par kabza kiya, un ki izzat-o-aabroo par haath daala, tuh hi hamari janib se un dushmanou ka muqabila kar. Hamein unke Shar-o-fasaad se, unki sazishou se unke khatrnak iradou se bacha.
- ✧ Aye Allah! dushmanane musalmanou ku saazish-o-zulm se baaz aane ke toufeeq ataa farma. Aur unhe deen ki sahi samajh aur amal karne ki toufeeq ataa farma.
- ✧ Aye Allah! pure aalam mein Quran se ristha kat gaya hai. Isse hamara ristha jodh de aur Quran padhne aur amal ki toufeeq ataa farma. Quran ke zariye hamein duniya mein gaalib hone ki sahatlat atta farma.
- ✧ Aye Allah! hamari kaseer tadaad ke bawajood, dushmanou ka sylaab hamein zarrat ki tarah bahakar lejarahai hai. Hamein woh imaani khuwat ataa farma ke jin se hamare dushmanou par hamara rob khayim hojaye. Hamare dilou mein Kamzori-o-Khouf paida naa kar.
- ✧ Aye Allah! jo tere rah mein jamkar saber se dushmanou ka muqabila kar rahe hain, tera naam buland karne ki koshish mein lage huye hain, jo Islam ke dushmanou se bachane ki koshish mein lage huye hain, aur woh musalmaan jo tere dushmanou ke mulk mein musibath mein hain, Aye Allah toh apne raham-o-karam se un sab ki madad farma. Islam aur musalmanou ku izzat-o-quwatt ataa farma.
- ✧ Aye Allah! hamare bacchou ku deen ke sahi raaste par chalne, waalidein ki kidmat karne, asatiza aur buzurgou ki izzat karne ki toufeeq ataa farma.

- ✧ Aye Allah! hum mein jo beemar hain unhe tandurasti ataa farma. Jin ke gharou mein gair shadishuda ladkiyan hain, unki shadiyon ka intezaam kar. Jo beaulaad hain, unhe aulaad de. Jo benamazi hain, unhe namaaz khayim karne ki toufeeq ataa farma.
- ✧ Aye Allah! mujhe house-e-kousar ka ghont peela. Pulsiraat par aasaani se guzarne ka mouqa ataa farma. Mujhe Haj-e-Mabroor ataa farma.
- ✧ Aye Allah! duniya ke tamaam muslmanon ku neik toufeeq ataa farma. Aapas mein ittefaq-o-ittehad paida farma. Tamaam musalmanon ku gaflath se bedaar karde. Islam ki hifazath farma. Saare aalam mein islam ka bolbala farma. Islam ka jhanda buland kar.
- ✧ Aye Allah! mujhe qabar ke azab se bacha. Munkir-o-Nakir ke sawalath ke waqt meri madad farma. Meri qabar ku khusada karde. Meri qabar mein roushni paida kar. Meri qabar mein jannat ki khidki kholde.
- ✧ Aye Allah! mujhe doozak ke azab se bacha, mere gosht, haddi aur khal par doozak ki aag haram karde. Mujhe jannatul firdose mein aala maqaam ataa farma.
- ✧ Aye Allah! hum gunhegaar hain, khatakaar hain, badkaar hain, phir bhi tere hi bande hain. Hum maafi maangne ke kabil bhi nahin, phir bhi toh maaf karne waala hai. humare gunahou ku maaf karde. Aye Allah! hashar ke maidan mein Huzoor (S.A.) ki shifaat ataa farma. Hasharke maidan mein teri deedaar ataa farma. Aye Allah! humse raazi hoja, raazi hoja, raazi hoja.. (Ameen)..

WAQUFE-MUZDALIFA (Muzdalifa mein teharna)

- ✳ Suraj doobne ke baad Arafath se train ke zariye Muzdalifa pahunchkar, azaan dekar Maghrib aur Isha donou namaazein ek hi waqt mein jamaat se istarah padhein, ke pahle Maghrib ki Farz namaaz ke fouran baad akhamath ke bagair Isha ki Farz namaaz ada karein. Uske baad pahle Maghrib ki Sunnat, Isha ki Sunnat, phir Maghrib ki Nafil, Isha ki Nafil aur Vitir padhein.
- ✳ Iske baad kuch kha pee lein. Shaitanou ku maarne ki liye raat hi mein chane ke barabar 100 kankriyan chunkar rakh lein.
- ✳ Thoda waqt sojayen ya raat bhar ibadath mein guzarein. Is waqt ki ibadat Shab-e-Qadar ki ibadat se afzal hai.
- ✳ Agar neend karein toh utkar tahajud ada karke fajr ki azaan tak zikr mein lage rahein.
- ✳ Fajar ke waqt azaan dekar 2 rakath sunnat namaz ada karein aur akhamath kahkar jamaat se fajr ki 2 rakath Farz namaaz ada karein. Uske baad ka waqt **"Waqufe Muzdalifa"** kahelata hai. Iske chutne se "Dum" wajib hoga (Dum ke maane hain haram mein ek jaanwar zaba karke sadqa dena). Waqufe muzdalifa ke waqt, mard hazrath khade ho kar aur auratein baitkar duwa maangein. Suraj nikaalne se 15 minute pahle duwa khatam karsakte hain. Iske baad labbaik padhte huye Mina ki taraf chalien. Agar subho sadiq se pahle muzdalifa se niklein to "Dum" wajib hoga.

III. 10 ween Zilhajja (Haj ka teesra din)

10 ween Zilhajja ku bade shaitan ku 7 kankriyan marna. Kankri seedhe haath ki shahadath ki ungli aur

anghota se pakadkar haath utha kar yeh padhkar maarein. **Aye Allah mai yeh kankar shaitaan ku zaleel karne aur tujhe raazi karne ki liye maarta hun "Bismillahi Allahu Akbar"**. Isi tarah ek ke baad 7 kankriyan maarein. Iske baad Qurbani karna aur Halaq karake, gusul karke saaf suthre kapde pehankar Tawaf-e-Ziyarath karein. Agar 10 Zilhajja ku mumkin naa ho toh 11 zilhajja ku qurbani halaq aur Tawaf-e-Ziyarath karein.

QURBANI

Behtar hai aap khud Qurbani karein. Qurbangha jakar jaanwar khareed kar khud zaba karein ya apne saamne dusrou se zaba karayein.

HAJI PAR WAJIB QURBANI :

1. Haj ki Qurbani : -(Haj ka shukrana)

"Jo shaksh haj ke saath Umrah ka faayida uthayega toh use jo kuch qurbani maessar ho kare" (Sure baqar : 196) (Ek hi safar mein haj ke saath Umrah karna) Yeh Qurbani Haj ka shukrana hai. yaane dame shukur hai jo Haj-e-Tamatto aur Haj-e-Qiraan karne waale par waajib hai. Yeh Qurbani Mina mein karein (Magar Haj-e-Ifraad karnewaale par yeh Qurbani waajib nahin, agar Qurbani karein toh sawaab hai)

2. Baqar Ed ki Qurbani :- (Muqem Shahebe nisaab ke liye)

Yeh Qurbani muqem sahabe nisaab par waajib hai, Musafir par wajib nahin. Agar haji ka qiyaam Makkah pahunchne se lekar Mina nikalne tak (8 Zilhajja) 15 din ya usse ziyada ho to woh haji muqem hoga aur us par yeh Qurbani wajib hai. Haj par rawanagi se pahle apne gaawon (maqaam) mein is Qurbani ka intezam kar sakte hain. Agar haji ka qiyaam 15 din se kam ho toh woh haji Musafir hoga. Uspar yeh Qurbani wajib nahin hai. Agar karein toh sawaab hai.

Halaq : (Sar mundwana ya baal katwana)

Qurbani karne ke baad baal katuwayein. Iske baad gusul karke saaf suthra kapde pehan lein. Ab aap ihram ki pabandiyun se baahar hogaye, siwaye humbistri ke.

TAWAF-E-ZIYARATH

- ✳ Tawaf-e-Ziyarath ka afzal waqt 10 ween zilhajja hai. Aur 12 zilhajja ke suraj doobne ke pahle karein, warna "Dum" wajib hoga.
- ✳ Tawafe Ziyarath ke liye Makkah pahunch kar kaaba ka tawaf karein. Tawaf ka tariqa wahi hai jo pahle Umrah ke liye bataya gaya hai. Tawaf ke baad 2 rakath tawaf ki wajib namaz ada karein. Zam zam pee kar 9 ween baar hajre aswad ka istelam karein (Bosa dena) aur Safa-o-Marwa ki sayee karein. Ab haji ihram ki tamaam pabandiyou se azad hogaye. Sayee karne ke baad Mina wapas chale jayein [Kisi bhi halath mein Makkah mein apne kamre mein naa tehrein]

IV. 11 ween Zilhajja (Haj ka Choutha din)

- ✳ **Teenou shatianou ku kankriyan maarna-** Kankriyan maarne ka waqt zawal ke baad se shuru hota hai. 11 Zilhajja ku teenou shaitanou ku kankriyan maarna hai. Pahle chote shaitan ku 7 kankriyan maar kar baayein (left) taraf hat kar Qubla rukh khade hokar duwa mangein. Phir aage badhkar darmiyani shaitan ku 7 kankriyan maarein. Yehan bhi thoda baayein (left) taraf hatkar Qibla rukh hoke duwa maangein. Akhir mein aage badhkar bade shaitan ku 7 kankriyan maar kar duwa kiye bagair aage chalein. Kankriyan maarne ka tariqa wahi hai jo pahle bataya gaya hai. Kankriyan maarne ke baad Mina aakar ibadath mein lagerhein.

V. 12 ween Zilhajja (Haj ka 5wan din)

- ✧ **Teenou shatanou ku kankriyan maarna.**
- ✧ **Makkah ku rawanagi.**

12 ween Zilhajja ku zawal ke baad usi tarah teenou shatanou ku kankriyan maarkar usi din Maghrib se pahle Makkah rawana ho jayein. Agar 12 Zilhajja ku Mina mein tehrein toh, 13 ween Zilhajja ku bhi kankriyan maar kar Makkah rawana hona padta hain.

VIDAYI TAWAF

Kaaba se ruksath hote waqt jo akhri tawaf karte hain usku vidayi tawaf kahte hain. Iske likye sayee zaroori nahin, yeh tawaf wajib hai. Agar naa karien toh "Dum" wajib hoga.

MADINA-E-MUNNAWARA KA SAFAR

Makkah-e-Mouzama se Madina-e-Munnawara ke safar ke douran kasrath se Darood-e-Shariff padthe rahein. Jab aapku Masjid-e-Nabawi (S.A.) ka gumbad-e-Kizra nazar aajaye toh saadagi ke saath Khuluse dil se Darood-e-Shariff padha karein.

MASJID-E-NABAWI (S.A.)

Huzoor (S.A.) jab Makkah se hijrath karke Madina tashreef laaye toh Aap (S.A.) ne musalmaanoun ku ibadat ke liye Masjid-e-Nabawi (S.A.) taamir karwaye. Iski buniyaad bhi Aap (S.A.) ne khud apne haaton se rakhe. Aur iski taamir mein bhi hissa liye. Aap (S.A.) ne farmaya "Meri masjid [Masjid-e-Nabawi (S.A.)] mein ek namaz ka ada karna, doosri Masjidoun mein 50000 namazein ada karne ke barabar hai.

Jab aap Madina-e-Munnara pahunch jayen toh itminaan se apna samaan apne kamre mein rakh kar kuch dair aaram kar lein. Iske baad gusul karke saaf suthre kapde (white)

pehan kar khushboo lagayen. Masjid-e-Nabawi (S.A.) mein daakhil hone se pahle kuch sadqa dein. Apne chappal ek thili mein rakh kar apne saath hi rakh lein.

Aap Masjid-e-Nabawi (S.A.) mein Gate No. 1 (Babus salam) se daakhil ho jayen (Sirf mard hazrath) us waqt "Bismillah wassalatu wassalaamu ala rasoolullah (S.A.)" aur "Aye Allah apni rahamath ke darwaaze mere liye khol de" padhein. Iske baad Aitekaaf ki niyath karein. Aur Riyaz-ul-Jannah mein 2 rakath tahiyattul masjid aur 2 rakath Nafil namaaz ada karein.

RIYAZ-UL-JANNAH

Riyaz-ul-Jannah haqiqath mein jannath ka ek hissa hai, jo us waqt Masjid-e-Nabawi (S.A.) mein shamil kiya gaya. Aur Qiyamat ke din yeh hissa jannat mein shamil kiya jayega. Huzoor (S.A.) ne farmaya "Mere Ghar [Hazrath Ayesha Siddiqah (R.A.) ka ghar] aur Member-e-Rasool (S.A.) ke darmiyan ka hissa hi Riyazul Jannah hai. Masjid-e-Nabawi (S.A.) mein Riyazul Jannah ki pahchan yeh hai ke Masjid-e-Nabawi (S.A.) ke saare carpet ka rang gulabi haitoh, Riyazul Jannah mein mehindi ke rang ka carpet hai.

Youn toh Riyazul Jannaah mein kai pillars hain. Jin mein 7 pillars (Sutoon) khabile zikr hain. Jaise Sutoon-Hinnana, Sutoon-e-Ayesha (R.A.), Sutoon-e- Abulababa (R.A.). Sutoon-e-Sareer, Sutoon-e-Hiras aur Sutoon-e-Wafood. Inke ilawa Riyazul Jannah mein member-e-Rasool (S.A.), Musallah (Mehrab) aur Azaan ki chat hai. har jagah 2, 2, rakath Nafil namaaz ada karein. Iske peeche hi Ashab-e-Sufa hai. Yahan bhi namaaz ada karein aur Quran ki tilawat karein.

ROZA-E-MUBARAK PAR HAAZRI

Riyazul Jannah mein namaaz ada karke Huzoor (S.A.) ke roza-e-Mubarak ki taraf qataar mein chalein. Roza-e-Mubarak ke saamne 3 jaaliyan hain, magar darmiyani jaali ke peechi hi Huzoor (S.A.) Hazrath Abubakar (R.A.) aur Hazrath Umar (R.A.) aaram farma rahe hain.

Jab aap darmiyani jaali ke saamne khade hon toh aap ke baayen (left) haath ki taraf ek bada gol (round) suraaq hai, yeh Huzoor (S.A.) ke chahre mubarak ke saamne hai. Iske saath hi seedhe taraf ek chota suraaq (hole) hai jo Hazrath Abubakar (R.A.) ke chehre mubarak ke saamne hai.

Iske fauran baad seedhe taraf hi phir ek chota suraaq hai jo Hazrath Umar (R.A.) ke chehre mubarak ke saamne hai.

Jab aap Roza-e-Mubarak ke darmiyani jaali ke saamne haazir hon toh nihayath hi adab ke saath apna chehra, Huzoor (S.A.) ke chehre mubarak ki taraf karke dheemi aawaz mein yuh salaam pesh karein :

"Assalatu wassalmu alika ya rasoolallah (S.A.)"

"Assalatu wassalmu alika ya Habiballa"

"Assalatu wassalmu alika ya Qatmal ambiya"

Phir toda seedhe taraf badkar Hazrath Abubakar (R.A.) ki kidmath mein yun salaam pesh karein :

"Assalmu alika ya sayeedana Abubakar Siddique (R.A.)"

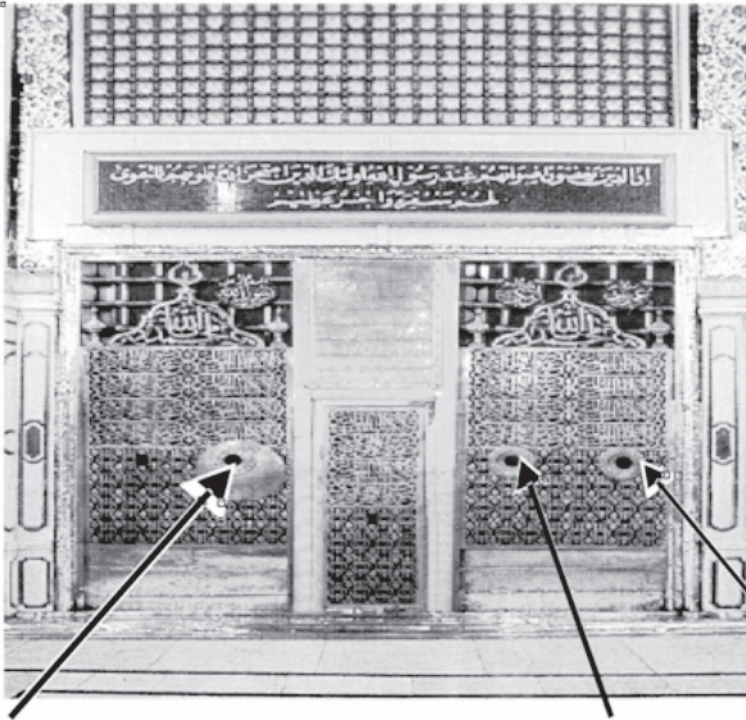
"Assalmu alika ya Khalifata Rasoolallah"

Phir thoda seedhe taraf badkar hazrath Umar (R.A.) ki kidmath mein yun salaam pesh karein :

"Assalmu alika ya Umarabnal Khattab (R.A.)"

"Assalmu alika ya Ameeralmomineen"

Roza-e-Mubarak ke darmiyani jaali ka Manzar



Huzoor (S.A.)

H. Abubakar (R.A.)

H. Umar (R.A.)

Iske baad thoda peeche hatkar Huzoor (S.A.) ke Roza-e-Mubarak ke saamne khade hokar awwal Allah ki khoob Hamd-o-Sana karein. Phir Allah se Huzoor (S.A.) ki shifaat ki bheek maangein. Aur apne waalidein ahal-o-ayal, rishtedaar, dost-o-ahbab aur tamaam musalmanou ke liye shifaat ki duwa maangein. Agar kisi ne Huzoor (S.A.) ki kidmath mein salaam sunane ke liye kaha hai toh unka salaam bhi pahunchayen.

Note : *Riyazul-jannah mein dakhil hone aur Huzoor (S.A.) ki Roza-e-Mubarak par haazri ke liye auraton ku ijaazat nahi. Masjid-e-Nabawi (S.A.) mein auraton ku sirf Fajar, Zohar aur Isha ki namaaz ke baad parde ke saath Riyaz-ul-Jannah mein namaaz ada karne ka mouqa diya jayega.*

MADINA MEIN QIYAAM KE DAURAN IBADATEIN

- ✪ Aap apna ziyada waqt Masjid-e-Nabawi (S.A.) mein guzararein.
- ✪ Masjid-e-Nabawi (S.A.) mein 5 waqt ki namaazein jamaat ke saath ada karein. Tahjud, ishraq, chast, awabeen aur Khaza-e-Umri ki namaazein bhi ada karein.
- ✪ Darood-e-Shariff kasrath se padthe rahein.
- ✪ Jannatul Bakhi (Madina ka mashoor khabrastan) mein kam se kam ek baar Fajar ya Asar ku hazri dein. Juma ke din zaroor haazri dein.
- ✪ Masjid-e-Quba, Masjid-e-Qibtatein, Masjid-e-Gamama, Masjid Khandak etc., ki bhi ziyarath karein. Har masjid mein 2 rakath tahiyattul Masjid ki namaaz aur 2 rakath Nafil namaaz ada karke duwa maangein.
- ✪ Huzoor (S.A.) ne farmaya hai Masjid-e-Quba mein 2 rakath Nafil namaaz padhne ka sawaab ek umrah ke barabar hai. Aap bhi yahan 2 rakath Nafil namaaz ada karein.
- ✪ Uhad ki pahadi ke paas jayein aur Hazrath Hamza (R.A.) sameet 70 Shuhada-e-Kiram ke Mazarath par jayein aur unki Qurbaniyou se ibrath haasil karein aur duwa karein.

MADINA SE WAAPSASI

Jab aap Madina se ruksath hun toh Masjid-e-Nabawi (S.A.) mein 2 rakath Nafil namaz ada karke Hoozur (S.A.) ke

Roza-e-Mubarak par jayein. Apne waalidein aulaad, asatiza, Rishtedaar aur apne dost-o-ahbab ki maghfirath ke liye duwa maangein. Aur Huzoor (S.A.) ki judai par aansoon bahayen.

BARTANOU KI LIST :

(Government Quota mein jaane waalon ke liye)

1. Cooker 2. Shattal aur uske dhankne ke plates.
3. Plates aur spoons (Chote aur bade) 4. Tawa
5. Water aur tea ke glass. 6. Maanda belan 7. Kadai
8. Ulthani 9. Chaye Channi 10. Knife
11. Dastar kwan 12. Jug ya tambalu 13. Choti daal ghotri.

AAM CHEEZEN

1. Suyi, dhagah aur buttons 2. Nail cutter
3. Tooth paste, brush aur miswak . 4. Marker pen
5. Washing soap aur brush 6. Smell less soap.
7. Nahane ka soap aur brush
8. Plates washing powder aur brush
9. Kangi, mirror, sar ka oil. 10. Itr, ruyi, surma.

MEDICINES

Doctor se fever, cold, cough, head, body aur stomach pain, vomit, motion etc., ke liye medicine ki chiti lekar khareedlijiye. Aur Doctor ki chitti bhi apne saath rah lein. Inke ilawa B.P., Sugar aur deegar beemariyan hou toh, un ke liye bhi medicine khareed lijiye. Aur vicks, Amrutanjan, Vaseline aur first aid ki cheezen bhi rakh lein.

NOTE : Blade, razor, scissors, knife, suwa, suvi, rassi, mobile charger apne luggage mein rakhein

Govt. Quota mein jaane waalon ke liye Anaaj ki list (Ek Haji ke liye)

1. Rice	4 Kg	17. Salt (bareek)	1/2 kg
2. Wheat ka aata	2 Kg	18. Haldi ka powder	50 gm
3. Jawar ya ragi ka aata	1 Kg	19. Ghee	200 gm
4. Tor ki daal	1 Kg	20. Milk powder	1/4 kg
5. Seweyan	1 Kg	21. Dhaniya ka powder	50 gm
6. Moong ki daal	1/4 kg	22. Moong phalli ke beej	150 gm
7. Moong ke daane	1/4 kg	23. Lalmirch ka powder	150 gm
8. Chane ki daal	1/4 kg	24. Adarak, lahsun ka	150 gm
9. Tea powder	1/4 kg	paste	
10. Sugar	1.5 kg	25. Tamato paste	1/4 kg
11. Soji	1 kg	26. Khara, chou chou etc	
12. Khane ka oil	1 kg	27. Jawar ki sukhi rotian	
13. Zeera	50 gm	28. Moongphalli, til, phutane,	
14. Kalimirch	25 gm	lalmirch ki chatni etc.,	
15. Rayan	50 gm	29. Achar, kabab, papad etc.	
16. Salt (mota)	1/2 kg	30. Sweets.	

HUJAJ-E-KIRAM KE LIYE KAPDE AUR DEEGAR CHIZEEN (Gents ke liye)

1. Ihram ke kapde	2 Set	18. 7 mankou ki tasbee	1
2. Daily use ke kapde (2 white)	5 Set	19. Aam tasbee	2
3. Towel	2	20. Belt	1
4. Lungi	2	21. Hand bag (10 Kg)	1
5. Woolen cap	1	22. Mask	4
6. Woolen shawl	1	23. Luggage suitcase (22 + 22 Kg)	2
7. Woolen hand gloves	1 set	24. Mobile	1
8. Woolen socks	1 set	25. Kankriyou ke liye choti bag	2
9. Underwear, Baniyan	3 set	26. Gale mein daalne wali kapde ki bag, jismein in 2 ya 3 partition hun. (Daily Haram ku lejana ke liye)	1
10. Chappal	2 set		
11. Chappal ki bag	1		
12. Bedsheet (patli)	1		
13. Sweater	1		
14. Karcheif	4		
15. Folding mat	1		
16. Folding Janinamaaz	1		
17. Cap	2		

Note : Luggage packing ke liye rassi istemaal karne ki izazath nahin.

HUJAJ-E-KIRAM KE LIYE KAPDE AUR DEEGAR CHIZEEN (Ladies ke liye)

1. Hijab (Sar ke baal dhakne ke liye)	2	16. 7 mankou ki tasbee	1
2. Daily use ke kapde (White 1 ya 2)	5 Set	17. Aam tasbee	2
3. Towel	2	18. Hand bag (10 Kg)	1
4. Woolen shawl	1	19. Luggage suitcase (22 + 22 Kg)	2
5. Woolen Cap	1	20. Masks	4
7. Woolen hand gloves	1 set	21. Small scissor	1
8. Woolen socks	1 set	22. Kankriyou ke liye choti bag	2
9. Bedsheet (patli)	1	23. Mobile	1
10. Chappal	2 set	24. Gale mein daalne wali kapde ki bag, jismein in 2 ya 3 partition hun. (Daily Haram ku lejana ke liye)	1
11. Chappal ki bag	1		
12. Sweater	1		
13. Karcheif	4		
14. Folding mat	1		
15. Folding Janinamaaz	1		

TAAWAF KI DUWAYEEN

Pahle Chakkar ki Duwa

Allah ta ala paak hai aur sub tarefein Allah hi ke liye hain aur Allah ke sewa koi ibadath ke laaiq nahi. Aur Allah sub se bada hai. Aur gunahun se phairne ki taaqath aur ibadath ki taraf raaqib hone ki quwath Allah hi ki taraf se hai. Jo buzargi aur azmath waala hai aur Allah ki beshumar rahamath aur salamati naazil ho, Allah ke Rasool (S.A.) per, Aye Allah~ tuj per imaan laate huye aur tere ahkam ku maante huye aur tujh se kiye huye ahad ku pura karte huye aur tere Nabi (S.A.) tere Habeeb (S.A.) ki sunnat ki pairavi karte huye mai tawaf shuru karta hun. Aye Allah mai tujh se sawal karta hun gunahun ki maafi ki aur bala se salamathi ka aur takleef se hamesha ki hifazath ka aur duniya aur akhirath mein aur jannat hasil hone aur dozak se najath pane ka.

Dusre Chakkar ki Duwa

Aye Allah ! Beshak ye tera ghar hai aur yeh Haram tera Haram hai aur yehan ke Aman-O-Aaman tera hi diya huwa hai. Aur har banda tera hibanda hai aur mai bhi tera hi banda hun aur tere hi banda ka beta hun. Aur yeh dozak ki aag se teri panah leyne waalon ki jagah hai. So tuh hamare goshath aur khal ku duzak par haram karde. Aye Allah ! hamare liye Imaan ku mahaboob banade aur hamare dilon mein iss ki chahath paida karde aur hamare kufr badkari aur nafarmani ku naapasandh banade. Aur hamein hidayath paane walon mein shamil karle. Aye Allah! jis din tuh apne bandon ku dubara zinda karke uthaye, mujhe apne azab se bacha. Aur Allah mujhe bagair hisaab ke jannath ata farma.

Teesre Chakkar ki Duwa

Aye Allah ! mai teri panah chahata hun tere ahkam mein shak se aur teri zaat-o-sifat mein shirik karne se aur ikthlaaf-

o-nifaaq se bure aklaq aur bure hall aur bure anjam se, maal mein aur ahl-o-ayal mein. Aye Allah ! mai tujhse teri razam andi ki bheek maangta hun aur jannat ki aur teri pannah chahata hun tere gazab se aur dozak se. Aye Allah! mein teri panah mangta hun qabar ki aazmaish se teri panah chata hun, zindagi aur mouth ki her musibath se.

Choutha Chakkar ki Duwa

Aye Allah ! Banade mere iss Haj ku Haj-o-Maqbool aur kamiab kosish aur gunahun ki maqfirath ka zariya aur mabool neik amal aur benuksan tijarath. Aye dilou ke hall jaanewale, Aye Allah ! muje gunahun ke andeheron se, imaan-o- amale saleh ki roushni ki taraf nikaal. Aye Allah ! main tujh se swaal karta hun teri rahamath ke haasil hone ki, lazmi zariyon ka aur un asbab ka jo teri magfirath ku mere liye lazmi banade aur har gunah se salamati ka aur har neiki se fayida uthane ka aur jannat se bahrwar hone ka aur dozak se najath paane ka aur mere parwardigar tuhne jo mujhe rizk diya hai us par qinayath bhi ata kar aur jo neyamatin ata farmaye hain un mein barkath bhi de aur har nuksaan ka apne karam se mujhe niyam badal ata kar.

Paanchwan Chakkar ki Duwa

Aye Allah ! Jis roz siwaye tere arsh ke saaya ke kahin saaya na hoga our teri zaate paak ke siwa koi baqhi na rahega. Mujhe apne saaye ke neechе jagah deena and apne Nabi (S.A.) ke houze kousar se mujhe aisa kushgawar aur khus zaaiqa ghont peelana ke us ke baad kabhi hamein pyas na lage. Aye Allah ! mai tujh se in cheezon ki bhalai maangta hun jin ku tere Nabi (S.A.) ne tujh se talab kiya. Aur un cheezon ki burai se teri panah chahata hun, jin se tere Nabi (S.A.) ne panah maangi. Aye Allah! mai tujhse jannat aur iss ki niyamaton ka sawal karata hun. Aur us qoul ya amal ki toufeeq ka jo mujhe jannat se khareeb karde. Aur mai dozak

se teri panah chahata hun aur har us qoul ya fail ya amal se jo mujhe dozak se khareeb karde.

Chatwen Chakkar ki Duwa

Aye Allah ! Mujh par tere bahut se huqook hain, in mamilaat mein jo mere aur tere darmiyan hain. Aur bahut se huqook hain jo in mamilaat mein jo mere aur teri maqloof ke darmiyan hain. Aye Allah ! in mein jin ka taluq sirf teri zaat se ho un ki kotahi ki mujhe maafi de. Aur jin ka taaluq maqloof se bhi ho, un ke gafilath maafi ka zimedar banja. Aye Allah ! mujhe halal rizk ata farma kar haram rizk se bachale aur farmabardari ki toufeeq ata farma kar nafarmani se bachale. Aur apna fazal ata farma kar gairon se beniyaaz karde. Aye wasi magfirath wale, Aye Allah ! beshak tera ghar badi azmath wala hai aur teri zaat badiizaat wali hai aur tuh bada ba viqar hai, aur bada karam wala hai Aur badi azmathwala hai. Maafi ku pasandh karta hai. So mere khataon ku bhi maaf farmade.

Sathwen Chakkar ki Duwa

Aye Allah ! Mai tuj se maangta hun kaamil imaan aur sacha yaqeen aur kushada rizk aur aajizi karne wala dil aur tera zikr karne wali zabaan aur halal aur paak rozi aur sache dil ki toba aur mouth se pahle ki toba aur mouth ke waqt ka aaram aur marne ke baad magfirath aur rahamath aur hisab ke waqt maafi aur jannat ka husool. Aye badi izathwale. Aye magfirath wale, Aye parwardigar mere ilm mein izafa kar aur mujhe neik logon men shamil farmade.

NOTE : Uper ke duwayen, Hajre aswad se rukne, yamami tak padhen. Har chakkar mein rukne yamani se hajre aswad ke darmiyan yeh duwa padhen.

"Rabbana aatina fidduniya hasna tou-ofil aqirati hasnatou waqina azabannar"

Maqam-e-Ibrahim ke paas padhne ki Duwa

Aye Allah ! tuh meri sub chupi aur khuli batein jaanta hai. Lihaza meri mazirath ku qubool farma aur tuh meri hajath ku jaanta hai, lihaza meri khwaish ku pura kar aur tuh mere dil kujaanta hai lihaza mere gunahon ku maaf farma. Aye Allah ! mai tujhse maangta hun aisa imaan jo mere dil mein sama jaye aur aisa sach a yaqeen k mai jaan lon k jo kuch tuh ne meri taqdeer main likh diya hai wahi mujhe puhunchega aur teri taraf se apni kismat par razamandi. Tuh hi mera madadgar hai duniya aur akhirath me. Mujhe islam ki halath mein wafat de aur neik logo k zumare mein shamil farma. Aye Allah ! iss maqaddas maqam ki hazri k mouqe par koi hamara gunah bagair maaf kiye na chodna aur koi pareshani dur kiye bagair na chodna aur koi zarurath puri kiye bagair aur suhail kiye bagair na chodna. So hamare tamam kaam aasan karde, aur hamare sinou ku kholde aur hamare dilon ku roshan karde aur hamare aamal ku nekiyon k saath katam farma. Aye Allah ! hamein islam ki halath mein mouth de aur hamein neik logon mein shamil farma, k na ham ruswa hun aur na aazmaish mein padhe. Ameen.

MULTAZIM KE PAAS PADH NE KI DUWAYEEN

Aye Allah ! aye is qadeem ghar ke maalik hamari gardanou ku hamare baab dadou, maaou, behnou, bhaiyou aur in sub ki aulaad ki gardanou ku dozak se aazad karde. Aye bakshishwale karamwale, fazalwale, ihsaanwale, atawale, Aye Allah ! tamam mamilath mein ishaanwale hamara anjam baqair farma, aur hamein duniya ki ruswai aur aakhirath ke azaab se mehfooz rakh. Aye Allah ! mai tera banda hun, bandazaad hun, tere maqqdas ghar ke darwaze ke neech khada hun aur tere darwaze ki choukat se lapta huwa hun, tere saamne aagiizi ka izhar kar raha hun aur tere rehmath ka talabgar hun aur dozak ke tere azaab se darr raha hun, Aye hamesha ke mohsin, ab bhi ishaan farma. Aye

Allah ! main tujh se sawaal karta hun ke mere zikr ku bulandi atafarma aur mere gunahon ka boj halka karde aur mere kaamon ku durrust farma aur mere dil ku paak kar aur mere liye qabar mein roshni farma aur mere gunah maaf farma aur mein tujh se jannat ke unche darjon ki bheek maangt ahun (Ameen).

SALATUTH TASBEE KI NAMAZ KA TARIQA

Neeyath karne ke baad yeh namaz istarah padhen.

1. Sana ke baad - 15 Martaba yeh tasbee padhen
Tasbee : Subhana Allahi walahmdu Lillahi walla ilahaa illal laahu wallahu akbar.

YA

(Teesra Kalima - pura)

2. Surah Fateh aur dusri surat ke baad - 10 martaba tasbee
3. Rukh mein (Rukh ki tasbee padhne ke baad) - 10 martaba tasbee
4. Rukh se khade hokar (Qouma mein) - 10 martaba tasbee
5. Pahle sajde mein (Sajde ki tasbee padhne ke baad) - 10 martaba tasbee
6. Jalsa mein (2 sajdo ke darmiyan) - 10 martaba tasbee
7. Dusre sajda mein (Sajda ki tasbee padhne ke baad) - 10 martaba tasbee

TOTAL - 75 martaba

Ise tarah dusri, teesri aur chouthi rakath padhen. Har rakath mein 75 martaba aur puri namaaz mein 300 martaba tasbee padhen.

NOTE : Pahli rakath mein Surah Fateha ke baad Sura-e-takasur, Dusri Rakath mein Sura-e-Asar, Teesri Rakath mein Sura-e-Kafiruun aur chouthi Rakath mein Surah Iqlaas padhen. Agar yen suratein padh nahi sakte to koi bhi Suratein padh sakte hain.

NAMAZ-E-JANAZA PADHNE KA TARIQA

1. Imam ke peeche saf baandh kar khade hun.
2. **Neeyath karna :** Neeyath karta hun mai Namaz-e - Janaza ki, Farze kifaya, 4 takbeerou ke, waaste Alla ke, Darood Mohammed (S.W.A) ke liye, Duwa iss maiyath ke liye, mu mera Kaba Shariff ke taraf, peeche iss Imam ke.
3. Pahli martaba Imam ke saath saath donou haath kaanou tak utha kar aaista se Allahu Akbar kahte huye naaf ke neeche baandhlen phir sana padhen.
4. Jab Imam dusri takbir kahe toh aap bhi bagair hath uthae, dusri baar aaista se Allahu Akbar kah kar Darood-e-Ibrahim padhein.
5. Ise tarah teesri baar Imam ke saath saath bagair hath uthae aaista se allahu Akbar kah kar maiyath aur tamaam momineen ke liye Duwa karien.
6. Is tara chouthi baar imam ke saath saath bagair hath uthae aaista se Allahu Akbar kah kar donou taraf salam phair dein.

TOURIST KE ZARIYE HAJ KO JANAWALOU KE LIYE ZARURI HIDAYATH

Tourist ke zariye Haj ku janawalou ku chahiye ke o zimedarou se pahle hi maalum karlen ke aapku Airport kitne baje jana hai. Aur kis maqam par Ihram bandhna hai. Agar aapku Bengaluru se hi Ihram bandhna ho toh ihram bandhkar 2 rakath Ihram ki nafil namaz ada karen.

Airport hi par aapku passport hawai jahaz ka ticket aur Medical card diya jayega. Toursit wale hi khud Mecca aur Madina mein aapku ID Card, Building address card, Hand belt, Tent ka number card aur Train ke safar ke liye number ka hand belt denge. Inke ilawa zarurat padhne par o aapku zaruri hidayath dete rahenge.

Haj-o-Umrah ku janewale anranton ke liye zaruri maalumath :

Agar aurath Ihram bandhne se pahle hi napaak hain toh usi halath may Ihram bandhein magar Ihram ki nafil namaz na padhein. Baad may Umrah ki niyath karen. Aysi aurath Makkah jakar kaaba ka tawaf na karen. Apne kamre may namaaz ke waqt janimaz bichakar Qible ke taraf bhaith kar tasbeeh padhen. Pura paak hone ke baad gusul karke Kaaba ka tawaf karen aur masjid may namaz padhen.

Agar aurath tawaf ke douran napaak ho gai to fauran masjid se bahar aajayen aur paak hone tak apne kamre me hi rahein.

NOTE:

- 1). Napaak aurath na masjid may ja sakti hain na ke Kaaba ka tawaf.
- 2). Aurath napaki ke halath may Masjid aur daqil hona aur kaaba ka tawaf karna bahuth bada gunah hai.

